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Psychology is the science of behavior and mind (not to be confused with neuroscience, which studies the neural underpinnings of psychological phenomena). Psychology includes the study of conscious and unconscious phenomena, as well as feeling and thought. It is an academic discipline of immense scope. Psychologists seek an understanding of the emergent properties of brains, and all the variety ... Political psychology is an interdisciplinary academic field dedicated to understanding politics, politicians and political behavior from a psychological perspective. The relationship between politics and psychology is considered bi-directional, with psychology being used as a lens for understanding politics and politics being used as a lens for understanding psychology. Instructor: Nate Sullivan Nate Sullivan holds a M.A. in History and a M.Ed. He is an adjunct history professor, middle school history teacher, and freelance writer. Start preparing today with an ANCC study guide that includes ANCC practice test questions. Raise your ANCC exam score. Guaranteed. By Mometrix.